

May 2015

**Celebrate Bealtaine at
Clondalkin Library**

Wednesday 6th May 6.30pm—8pm

**Life Drawing Workshop with
Colin Martin (RHA)**

Colin will teach you the basics of drawing people.



Limited places,
booking essential.

Saturday 16th May 10.00am—12.00pm

**Calligraphy Workshop with Ann
Cannon**

Learn the basics of this beautiful craft.
All materials supplied.



Clondalkin Library
Monastery Road
Clondalkin
Dublin 22

01-4593315 clondalkin@sdblincoco.ie

Monday 18th May 6pm—8pm

Take Better Photos!

With Podge Kelly

Learn how to get the best from your camera with this stimulating two hour workshop.

Booking essential.



Wednesday 20th May 6.45pm-7.45pm

Mindfulness Workshop with Gaye Mullen



Learn some practical techniques to help you live in the moment and reduce stress.
Booking essential.

Saturday 23rd May 11am—3pm

Heart Health Checks with the Irish Heart Foundation

Get your blood pressure, carbon monoxide (smokers) and weight checked by a nurse from

the IHF who can



IRISH HEART also advise you on
FOUNDATION steps you can take

to improve heart health. Tests take

15 minutes to complete. Booking essential.

To book a place for any of these events,
please call 01-4593315 or email
clondalkin@sdblincoco.ie