



## Children's Events



### Parent and Toddler Group with Sarah

Wednesday 6th September at 12 noon

Come participate in our parent and toddler session for ages 3+. Stories and rhymes with Sarah Sparkles

To book go to [clondalkinlibrary.eventbrite.com](http://clondalkinlibrary.eventbrite.com)

### Baby Book Club

Tuesday 12th September at 12 noon

Take part in our Baby Book Club with your toddler. Suitable for ages 2+. We will have a themed story time with related rhyme time. To book go to [clondalkinlibrary.eventbrite.ie](http://clondalkinlibrary.eventbrite.ie)

### Roald Dahl Day

Wednesday 13th September at 3.30 pm

Activity afternoon with a Roald Dahl theme. Suitable for ages 6+

All welcome. No booking necessary

### Sing Your Socks Off with Mischa

Tuesday 26th September at 11.30 am

For ages 1-4. Sing songs together, clap hands, explore the sound of various little instruments .

To book go to [clondalkinlibrary.eventbrite.ie](http://clondalkinlibrary.eventbrite.ie)



### Story Time

Every Tuesday at 3.30 pm

All welcome



## Library Information

Monday—Thursday 9.45am—8.00pm

Friday & Saturday 9.45am—4.30pm  
(open through lunch each day)

Telephone: 01-4593315

Email: [clondalkin@sdublincoco.ie](mailto:clondalkin@sdublincoco.ie)

The Library closes on Saturdays and Mondays of public holiday weekends

Remember you can renew and reserve items and access a host of online books, magazines and other resources 24/7 if you have a valid library card and PIN at [www.southdublinlibraries.ie](http://www.southdublinlibraries.ie)



For your convenience, please have your library card to hand when accessing any library services.

\*Booking events \*Borrowing books \*Using computers

If you have misplaced or lost your card, you must produce current proof of address and photographic proof of identity in order to access services or to replace your card.



Follow us on Facebook  
[www.facebook.com/ClondalkinLibrary](http://www.facebook.com/ClondalkinLibrary)

Subscribe to our newsletter: go to [www.southdublinlibraries.ie](http://www.southdublinlibraries.ie) and follow the links

Visit the Events page on our website for details of all events in the network of libraries in South Dublin County

## September 2017 Events

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### Clondalkin Library



## Health & Well-Being Week

2017





## Health & Well-Being Week



### Irish Heart Foundation Blood Pressure Checks

**Tuesday 19th September  
10.00 am to 2.00 pm**

An Irish Heart Foundation nurse will provide you with a free blood pressure check and individual heart health information.

Book your appointment by telephone at 01 4593315



### Paul O'Donoghue Talk

**Tuesday 19th September at 6.30 pm**

Irish Times columnist and Irish Sceptics Society founder Paul O'Donoghue will discuss the serious issues regarding the debate between conventional medicine and alternative therapies

To book go to [clondalkinlibrary.eventbrite.com](http://clondalkinlibrary.eventbrite.com)



### Mindfulness in the Monastic Garden of Clondalkin Round Tower

**Wednesday 20th September at 10 am**

Taster session in mindfulness (weather permitting). If it is raining the session will be held in the library. To book go to [clondalkinlibrary.eventbrite.com](http://clondalkinlibrary.eventbrite.com).



### Good Mood Food

**Tuesday 26th September at 6.30 pm**

This talk looks at ways of using food to help keep us feeling our best and manage stress

To book go to [clondalkinlibrary.eventbrite.com](http://clondalkinlibrary.eventbrite.com)



## Events for Adults

### Computer Classes



#### Internet for Beginners

Starting Wednesday 4th October at 1 pm  
90 minute classes

5 week course ( no class on 11th October)

Use our library computers or your own laptop or tablet  
Book by telephone at 01 4620073



#### Out-smarted by Your Smartphone?

Let the folks from Vodafone help you make the most of your smartphone

4 week course starting

**Friday 15th September  
10.00am—11.30am**



#### GIY (Grow It Yourself) Group

**Thursday 14th September at 6.30pm**

GIY is an emerging global movement of people who grow their own food. The Clondalkin group is facilitated by Ann McEwan and Dermot Doyle and meets once a month to discuss topics from ecology to growing spuds. New members always welcome. No booking required.



#### Book Club for Adults

**Thursday 28th September at 6.30pm**

The Clondalkin Library Book Club meets once a month for a roundtable discussion of books. This month they are discussing "The Lives of Women" by Christine Dwyer Hickey. New members always welcome.



## Events for Adults

### Genealogy & Family History Group

**Thursday 21st September at 6.30pm**



This group, facilitated by Eileen Brady, meets once a month to share resources and knowledge on tracing your ancestry and uncovering your family history.

New members always welcome, no booking required



### Crafternoon Craft Circle

Every Saturday between 10.00am and 12.00 noon, this group meets to sew, knit and crochet. The group has no leader or teacher - just enthusiastic handcrafters eager to learn and happy to share advice and tips.

New members always welcome. No booking required.

## Language Learning



### Irish for Beginners

**Starts Monday 11th September at 6.30pm**

7 week course

To book go to [clondalkinlibrary.eventbrite.com](http://clondalkinlibrary.eventbrite.com)



### Spanish for Beginners

**Starts Wednesday 13th September at  
6.30pm**

8 week course

To book go to [clondalkinlibrary.eventbrite.com](http://clondalkinlibrary.eventbrite.com)

**[www.southdublinlibraries.ie](http://www.southdublinlibraries.ie)**