

Issues Addressed	Books that Can Help	Author	Book Type / Age
Disability	Don't Call Me Special	Pat Thomas	Information Picture Book—4+
	A Different Life	Lois Keith	Story—Teens
Cerebral Palsy	Margaux with an X	Ron Koertge	Story—Teens
Hearing Impairment	A Birthday for Ben	Kate Gaynor	Story Picture Book—5+
	The Listener	Elizabeth Laird	Graphic Novel—10+
Visual Impairment	Being Blind	Peter White	Information—9+
	Bumposaurus	Penny McKinlay	Story Picture Book—4+
Death	Her Mother's Face	Roddy Doyle	Story—4-10
	When People Die	Sarah Levette	Information—7+
ADHD	Eukee the Jumpy Elephant	Clifford L Corman	Story Picture Book—4-8
	Joey Pigza Loses Control	Jack Gantos	Story—10+
Asperger Syndrome	Tobin Learns to Make Friends	Diane Murrell	Story Picture Book—4-8
	Freaks, Geeks and A.S.	Luke Jackson	Biography-Teens Parents Teachers
Autism	Everybody is Different	Fiona Bleach	Information—8-13
	Play with Me	Isabel Cottinelli Telmo	Story—6+
	Al Capone Does My Shirts	Gennifer Choldenko	Story—12+
Down's Syndrome	Victoria's Day	M. de Fatima Campos	Information—5+
	Bobby, Charlton & the Mountain	Sophie Smiley	Story—5+
Dyslexia	Dyslexia	Althea	Information—6+
	Brian has Dyslexia	Jenny Leigh	Information & Story—5+
Dyspraxia	Tim Harris in Trouble	Tim Nichol	Story—10+
	My Friend has Dyspraxia	Nicola Edwards	Information—8+
Sexual Abuse	Claiming Georgia Tate	Gigi Amateau	Story—14+
Drugs	Down the Rabbit Hole	Peter Abrahams	Story—10+
	Stoner and Spaz	Ron Koertge	Story—12+
Eating Disorders	Pumpkin Pie	Jean Ure	Story—12+
	Massive	Julia Bell	Story—14+
Emotional Problems	Mighty Fizz Chilla	Philip Ridley	Story—10+ / Teens
	So Much to Tell You	John Marsden	Story—Teens
Peer Pressure	Bad Girls	Jacqueline Wilson	Story—10+
Teen Pregnancy	Megan. And then there were two	Mary Hooper	Story—Teens
	Make Lemonade	Virgina Euwer Wolff	Story—Teens
Teenagers	Blame my Brain	Nicola Morgan	Information-Teens Parents Teachers

There are lots more titles and information about each book at www.southdublinlibraries.ie.
Joining the library is free—please visit the website or one of the South Dublin Library branches to find out more.

It isn't easy



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Story and information
books to help children
cope with life's
challenges...

www.southdublinlibraries.ie

Books that can help children to cope with life's challenges



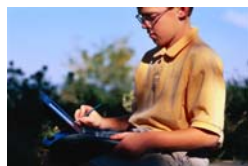
Worried? Scared? Not sure how to feel about something that is happening in your life? Reading about how someone else deals with a problem can be a big help...

Just like adults, children can be faced with difficult situations in their lives such as friendship issues, the arrival of a new baby, being diagnosed with an illness or even the death of a loved one.

Books can help children deal with these challenges. They can also be used as a starting point for discussion between parents/carers/teachers and children on subjects like peer pressure, racism and bullying. They may be effective in preventing or overcoming behavioural problems. The books can also be used to help understand the behaviour of other children.

This leaflet contains a selection of the many books on each topic which can be borrowed from South Dublin County Libraries. Copies of all the titles mentioned here are available from your local South Dublin library branch. If the book you want is not available at your local library, ask at the library desk and the book(s) will be sent on promptly.

There are lots of other titles as well as information about each book in this collection available from our website. Please visit www.southdublinlibraries.ie to find out more.



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Separation Anxiety	Owl Babies	Martin Waddell	Story Picture Book—2+
Fear of the Dark	Owl who was Afraid of the Dark	Jill Tomlinson	Story—8+
Worrying	The Huge Bag of Worries	Virginia Ironside	Story Picture Book—4-8
Friendship	Laura's Star	Klaus Baumgart	Story Picture Book—3-8
	Up on Cloud Nine	Anne Fine	Story—11+
Being Different	Danylion	Lizzie Finlay	Story Picture Book—4+
	Love, Stargirl	Jerry Spinelli	Story—Teens
Conflict	Is it Right to Fight?	Pat Thomson	Information—4-7
	I'm Sorry	Sam McBratney	Story Picture Book—3-7
Bullying	The Rainbow Club	Annette Aubrey	Information—4+
	Hugo and the Bully Frogs	Francesca Simon	Story Picture Book—3-7
	Bullying	Michele Elliott	Information—Teens
	Krindlekrax	Philip Ridley	Story—8+
Racism	The Skin I'm In	Pat Thomas	Information—4-8
	Elmer and the Stranger	David McKee	Story Picture Book—3-8
Refugees	The Colour of Home	Mary Hoffman	Story Picture Book—6+
	Under the Persimmon Tree	S. Fisher Staples	Story—Teens
New Baby	Za-Za's Baby Brother	Lucy Cousins	Story Picture Book—2+
	Here Come the Babies	C & L Anholt	Picture Book—2+
Toddler Issues	I Want My Dummy!	Tony Ross	Story Picture Book—2+
	Get into Bed!	Virginia Miller	Story Picture Book—1+
Toilet Training	On Your Potty!	Virgina Miller	Story Picture Book—2+
	Potty Poo-Poo Wee-Wee	Colin McNaughton	Story Picture Book—2+
Sibling Rivalry	You're all my Favourites	Sam McBratney	Story Picture Book—2+
	Dear Baby	Sarah Sullivan	Story Picture Book—4+
Adoption/Fostering	My Parents Picked Me!	Pat Thomas	Information—5+
	Where I'd Like to Be	Fr O'Roark Dowell	Story—9+
Divorce	Two Homes	Claire Masurel	Story Picture Book—2+
	The Suitcase Kid	Jacqueline Wilson	Story—10+
Cancer	Why Charlie Brown, Why? Cancer	Charles M. Schulz Kirsten Lamb	Story (Leukaemia) —8+ Information—Teens
Diabetes	My Friend has Diabetes	Anna Levene	Information—8+
Epilepsy	My Friend has Epilepsy	Anna Levene	Information—8+
Mental Illness	My Mum is from Planet Pluto	Gwyneth Rees	Story—10+
ME/CFS	This Strange New Life	Rachel Anderson	Story—Teen